

## **Team Building Activity: "Tape Ball"**

### **Tape Ball Rules**

- 1.) Have kids count off into teams of about 5-7 per group.
- 2.) Have them get in a circle.
- 3.) Give each group a tape ball.
- 4.) One person will put the tape ball into play by hitting it with their hand.
- 5.) Another player must hit the tape ball before the last player to hit it can hit it again.
- 6.) Everyone must count out the number of hits as a team for the score to count.
- 7.) The goal is to keep the tape ball going without it hitting the floor or anyone double hitting it.
- 8.) When either of those two things occur, simply start over and start counting at one.
- 9.) The tape ball can be played off the ceiling, but not by the same player that hit it last.
- 10.) No two players may hit it between themselves more than three hits in a row.

### **How to Make A Class Set of Tape Balls In 3-Easy Steps**

- 1) Take five tissues and wad them up into a ball.
- 2) Wrap some masking tape lightly around the tissue ball until no tissue is showing.
- 3) Repeat steps #1-2 four to five more times and you will have a class set of tape balls.